Training is delivered by TAFE NSW

This Traineeship is for students who are interested in acquiring the knowledge and skills to work in the fitness or community recreation industries. This Traineeship is a pathway qualification, and the depth of knowledge and skills would prepare a person to have the underpinning experiential base in a range of fitness activities.

Students will acquire skills in:

- customer service, administration and basic exercise for the fitness industry
- provision of emergency care in the absence of and until the arrival of a health care professional or paramedic
- identification of clients’ general fitness requirements
- movement analysis and planning and implementing exercise activities

Outcome

- Certificate II in Sport & Recreation – Fitness qualification.
- Articulation into a Traineeship in Sport & Recreation - Fitness Certificate III.
- A career path into the Sport and Community Recreation industry.
- Advanced standing into Certificate III Sport and Recreation – Fitness.

Course Delivery

Both on the job and off the job and can be delivered face-to-face, flexibly or mixed mode

Commitment + Off the Job Delivery

You will be required to undertake a minimum of 100 days in paid employment over the period of the School-Based Traineeship. Work can be undertaken during school time, after school and during school holidays.

How will students be assessed?

Assessment will be both on-the-job and off-the-job through written tests, project work & practical exercises.

Unit value

Total of 6 units over two years towards your HSC

Eligible for UAI?

No

For further information about how to sign up to this School-Based Traineeship please speak with your Careers Advisor or visit our internet site at https://www.det.nsw.edu.au/vetinschools